



SERVICES PRICE LIST

Individuals (>12 yo)

<i>1st session + Full assessment (1 - 1.5 hrs)</i>	\$100
<i>Ongoing single sessions (30-45 mins)</i>	\$65
<i>Packages available (6 or 12 sessions)</i>	

2-persons (>12 yo)

<i>Ongoing single sessions (~45 mins)</i>	\$110
<i>Packages available (6 or 12 sessions)</i>	

Children (<12 yo)

<i>1st session + Full assessment (up to 1 hr) *</i>	\$50
<i>Ongoing single sessions (15-20 mins)</i>	\$30
<i>Packages available</i>	

** Complimentary for child(ren) of existing adult clients*

Nutrition & Wellness Education

<i>Consultation sessions (30-45 mins)</i>	\$65
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