



SERVICES PRICE LIST

Integrative Wellness Session

Online or In-person sessions (60 mins) \$100

Packages available (6 or 12 sessions)

Spinal Flow - Individuals (>12 yo)

Comprehensive assessment + 1st Spinal Flow Session (1.5 hrs) \$125

Ongoing Spinal Flow only sessions (30 mins) \$80

Packages available (6 or 12 sessions)

Spinal Flow - 2-persons (>12 yo)

Ongoing Spinal Flow only sessions (~45 mins) \$150

Packages available (6 or 12 sessions)

Spinal Flow - Children (<12 yo)

*Comprehensive assessment + 1st Spinal Flow Session (up to 1 hr)** \$60

Ongoing Spinal Flow sessions (15-20 mins) \$40

Packages available (6 or 12 sessions)

** Complimentary for child(ren) of existing adult clients*

Nutrition & Wellness Education

Online or In-person Consultation sessions (30 mins) \$80